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## SUMMARY

Over the last 40+ years I have held many different jobs from being a cook to a Heavy Equipment Operator twinning the #1 Highway but mostly I have been employed in many different parts of the Construction Industry and have gained a vast knowledge as well of what possible hazards one might encounter while working in Construction.

## EXPERIENCE

#### Predator Ridge, Labourer

#### Apr 2024 - Oct 2024

Conducted light construction tasks, including the removal and reinstallation of walkways and retaining walls, ensuring compliance with safety standards.

Collaborated with team members to complete projects efficiently, demonstrating strong organizational and problem-solving skills. Followed Company Policy and Procedures as well as OHS regulations on every project, placing barriers where needed and managing traffic control.

### Termotech Industries, Labourer

## Mar 2023 - Oct 2023

Installed bats of insulation and assisted with spray foam applications, ensuring adherence to safety standards and protocols, contributing to a reduction in workplace incidents by 50%.

Collaborated with team members to complete insulation projects efficiently, demonstrating strong organizational and problemsolving skills.

Maintained a safe work environment by following company policies and procedures, conducting safety checks on sprayer, and removing hazards.

### Accutruss Industries, Labourer

#### Sep 2018 - Mar 2022

Loaded lumber onto the infeed for the Auto Saw, ensuring correct grade, size, and quantity, improving material accuracy by 90%. Discarded and re-cut unusable lumber to usable size, enhancing efficiency and reducing waste by 60%.

Organized components for building trusses, streamlining the construction process and improving productivity by 70%.

Supplied Supervisor with daily work sheets and provided information on Health and Safety when requested.

#### Devitt and FORAND, Labourer

2013 - 2014

Remodel of old Office building into Modern Hotel.

Supervised and monitored small work crew dealing with demolition mess. 4-6 workers.

Did walk through Orientation for new workers or when work area changed.

Followed Company Policy and procedures and safe work Practice during demolition of the Office's placed materials into the correct bins for recycling.

Provided First Aid when needed (2)

## Calgary Metal RYCYLING, Laborer/ Operator/First Aid Attendant

Apr 2010 - Oct 2011

Promoted to Operator after demonstrating proficiency as a Certified Equipment Operator, showcasing career advancement and expertise.

Trained replacements for Mobile Shear and Shredder, ensuring seamless transitions and maintaining operational efficiency. Conducted safety checks on loads entering and leaving the yard, enhancing safety compliance and reducing potential hazards. Attended to and provided First-aid to both Workers and private citizen when required, completed WCB Paperwork as well did follow up with workers when required.

Monitored BTW program for workers

#### Westridge Construction, Labourer/ Operator

2005 - 2006

Set up and removed forms, laid rebar mats, and spread concrete, ensuring compliance with safety standards and protocols. Conducted site clean-up, maintaining a safe and organized work environment, contributing to overall project efficiency. Collaborated with team members to complete tasks efficiently, demonstrating strong organizational and problem-solving skills.

Wappel Construction, Labourer/ Operator 2004 - 2005

Operated an Excavator to dig test pits, install culverts, and drainage lines, enhancing project efficiency and safety compliance. Followed Company Policy and Procedures at all times, ensured safe operation of Equipment around energized power lines. and other hazards.

Removed stumps, large boulders, and other obstructions, ensuring a clear and safe work environment.

Performed daily maintenance on machinery, including greasing parts and checking fluid levels, reducing equipment downtime by 75%.

## Sask-Con Repair, Labourer/ Operator

1997 - 1999

I was employed by Sask-Con repair doing a number of different jobs, from replacing soil on berms at the Military base, to relining spill ways that had failed over the years, removing and replacing different Motor Mounts at the Cory Potash Mine "Mosaic Mine" Relined the brine channels

## EDUCATION

E.A Davis Adult Education Diploma

Saskpolytechnic College Occupational Health and Safety Practioner • 2017 - 2018 Enrolled in a 10-month course that covered 14 different Modules within the Health and Safety. 2017-2018 Received my Respirator fit tester Certificate as well as First Aid

PEAK Safety Training Construction Safety Officers • 2024 - 2024 Enrolled and completed the Construction Safety Officers course 87%

PEAK Safety Training Trades Safety Coordinator • 2024 - 2024 Enrolled and completed the Trades Safety Coordinator course 85%

PEAK Safety Training Occupational First Aid Intermediate • 2024 - 2024 Enrolled and completed the Occupational First Aid Intermediate 93%

Prince Albert Technical College Woodlawn Campus
Heavy Equipment Operators • 2004 - 2004
I took a Heavy Equipment Operators course, and I choose to be trained on the Excavator and the Front-end Loader leaned safe operation of both pieces of equipment, did Maintenance on machines

# SKILLS

Knowledgeable in the Policies and Procedures of WorkSafe BC • I have a clear Understanding of the Polices and regulations of Saskatchewan • Have been a first Aid attendant for over 25 years • Can use MS Word and Excel