

**SIDNEY JARNBRANT**  
1344 Lawrence Ave. Kelowna B.C.

[sidney.jarnbrant@gmail.com](mailto:sidney.jarnbrant@gmail.com)

Mobile:250 217 0882 Home: 778 796 2424

**Objective:** Full time or Part time Employment

**Education:** Graduate of Rutland Senior Secondary Class of 2013

### **Qualifications**

- Ability to follow oral and written instructions
- Capable of working in both individual and team based environments
- Can quickly and easily learn from and correct mistakes
- Understands how to communicate effectively both orally and in written form
- Physically fit and unafraid of heights
- Keen eye for detail and upon seeing something wrong I immediately move to fix it

### **Tickets/Certificates**

- Fall arrest
- Scissor lift
- Forklift

### **On the job Skills**

**Food industry:** Easily picks up orientation of the kitchen and commands the dishpit with ease. Has solid experience in food prep, and has experience handling cash.

**Landscape industry:** Advanced in all areas of gardening from planting to pruning large trees with precision. Extensive knowledge in plant varieties. Care of lawns through leveling, edging and fertilization. Irrigation basics such as, effective pipe layout, adjusting, correcting and the replacing of sprinkler heads and corrupt/damaged piping. Complete lawn overhauls included removing and replacing brick paths and making sure the lawn and path is level and any hills are graded properly.

**Construction industry:** Can set up and take down scaffolding, swing stages and daven arms. Experience cutting, setting and tying off rebar. Can properly mix cement for different situations. Has knowledge in building panels, curbs and bulkheads for concrete forming. Knows proper wailing and bracing techniques for both wood and steel forms, pour and vibe techniques as well as finishing standards. Worked in the core doing stairwells (both pre-fab and formed on site) as well as set up and take down of the elevator core. Has a solid understanding of framing and can complete most tasks without issue and can lead a small crew when given a list of tasks.

**Other:** General knowledge on painting, taping, membrane for decks and caulking various surfaces. Experience window washing, gutter cleaning and power washing. As well as light janitorial duties.

### **Previous Employers**

**Volunteered Kelowna Food Bank** 2012—**Voodoo Café** Earned food safe Spring 2013-Fall 2013— **The Flying Pig Yaletown** Dishwasher Fall 2014-Spring 2015—**The Parlour Restaurant** Dishwasher Fall 2015-Spring 2016 **El Taquero** Fall 2016-Spring 2017

**Peace of Green Landscaping** Labourer Summer 2014-Fall 2015—**TLC Labour Company** Labourer whenever in-between jobs 2014-2016—**Cunningham Sealing** Spring 2016-Summer 2016

**Mainline Irrigation** Labourer summer 2016 **G and J Forming** Labourer/Carpenters Assistant summer 2016-Summer 2019—**Xtreme Gutters** Lead hand Summer 2019-Summer 2020—**Radar Projects** Labourer summer 2021- Fall 2021—**Cross Projects** Carpenter Fall 2021- Spring 2022—**Life force** Lead Landscaper Spring 2022- Fall 2022 —**Brady Martins Contracting** Carpenters Assistant Spring 2023-Summer 2023 **Elite Formworks** Carpenters Assistant Summer 2023-Fall 2024

### **Professional References**

**Todd Ramberg-** Supervisor at Cunningham Sealing (778) 319-5623

**Jay De La Rosa-** Sous Chef at The Parlour Restaurant (778) 861-6701

**Israel (Izzy) Durand-** Owner/Operator of El Taquero (778) 215-1554