

CHRIS COUPAL

CONSTRUCTION PROJECT LEADER

CONTACT

672-339-9995

chriscoupal@yahoo.com

West Vancouver, BC

SKILLS

Renovation and Remodeling Expertise
Custom Home Building
Commercial Interior Fit ups including Office,
Medical, Retail and Restaurant
Project Planning and Scheduling
Budgeting and Cost Estimation
Blueprint and Plan Interpretation
Building Code Compliance and Permitting
Site Inspection and Quality Control
Carpentry, Framing, and Finishing
Invoicing and Payment Management
Cost Control and Profitability Analysis
Procurement and Supply Chain Management
Bidding and Proposal Writing

EDUCATION

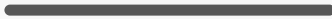
Diploma in Business Administration


Algonquin College

Ottawa, Ontario
1999-2002

Specialization in Procurement and Supply Chain
Management
Certified in SAP

LANGUAGES

English 

French 

PROFILE

To whom it may concern,

My name is Chris Coupal and I am planning on re-entering the construction industry after spending the last few years moving to the west coast and settling into the community with my wife and two children.

I have over 20 years experience in the construction industry, spent as a general contractor and carpenter. I have built medical clinics, retail stores, office units, restaurants, custom homes and done major additions and restorations mainly in the city of Ottawa.

My strengths lie in project management- defining a clear scope of work, gathering estimates, designating work and managing sub-contractors.

I was a base building contractor for the Rideau Centre, Ottawa's largest shopping mall owned by Cadillac-Fairview.

I look forward to using my expertise as a project manager and skilled problem solver in a new role here in Vancouver.

WORK EXPERIENCE

Owner / General Contractor

2005 -2018

Icon Interiors Inc. - Ottawa, ON

- Meet with clients, architects, engineers
- Define scope of work
- Project estimating
- Hire sub-contractors
- Manage up to 20 employees
- Material procurement and management
- Completed projects of varying sizes and scope on time and on budget
- Manage change orders and scheduling
- Custom Millwork shop services
- Projects completed:
 - Godiva Chocolatiers
 - Sunglass Hut
 - Club Monaco
 - Subway
 - Expedia Offices
 - Fine Touch Dental Clinics
 - Ottawa Public Works
 - Ottawa Court House
 - Many Custom Homes

Carpenter and Site Supervisor

Palis Corporation - Ottawa, ON

1998-2005

- Lead Carpenter
- Framed commercial interior fit-ups
- Fabricated and installed commercial millwork and cabinetry
- Met with trades people and designated work
- Reviewed estimates
- Prepared change orders